

Past Simple — Daily Routines — Worksheet

5.º Ano

English

4 pages

Past Simple: Use for completed actions in the past. Form: verb + ed (regular) or irregular past forms. Negative: didn't + base form. Question: Did + base form? Yesterday / last week / this morning.

1. Regular Past Simple

Form the past simple of these verbs (add -ed).

a) walk → _____

b) play → _____

c) watch → _____

d) cook → _____

e) study → _____

f) clean → _____

2. Irregular Past Simple

Write the past simple form of these verbs.

a) go → _____

b) have → _____

c) eat → _____

d) read → _____

e) write → _____

f) play → _____

3. Yesterday

Complete the sentences with the past simple.

a) Yesterday I _____ (walk) to school.

Answer: _____

b) I _____ (eat) pasta for lunch.

Answer: _____

c) She _____ (watch) a film last night.

Answer: _____

d) We _____ (go) to the park.

Answer: _____

e) He _____ (play) football with friends.

Answer: _____

4. Questions and Negatives

Form the question or negative.

a) I walked to school. → Negative: I _____ to school.

Answer: _____

b) She ate pasta. → Negative: She _____ pasta.

Answer: _____

c) They went home. → Question: _____ home?

Answer: _____

d) He played football. → Negative: He _____ football.

Answer: _____

5. True or False

Read the sentences and write True (T) or False (F).

a) "Yesterday I walked to school." → _____

b) "She eat pasta for lunch." → _____

c) "We went to the park last week." → _____

d) "He writed a letter." → _____

6. My Day Yesterday

Write 4 sentences about what you did yesterday using Past Simple.

a) Yesterday I _____ (verb) _____.

b) I _____ (verb) _____.

c) I _____ (verb) _____.

d) In the evening I _____ (verb) _____.

 Solutions on the next page.

Solutions

1. **Regular:** a) walked, b) played, c) watched, d) cooked, e) studied, f) cleaned
2. **Irregular:** a) went, b) had, c) ate, d) read, e) wrote, f) played
3. **Yesterday:** a) walked, b) ate, c) watched, d) went, e) played
4. **Negatives/Questions:** a) didn't walk, b) didn't eat, c) Did they go, d) didn't play
5. **True/False:** a) T, b) F (should be "ate"), c) T, d) F (should be "wrote")
6. **Write:** Open answers — check: past simple verb forms (regular: +ed, irregular: irregular form)

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Well done!