Hábitos e Rotinas: Comparar Estilos de Vida — Exercícios

8.º Ano | Inglês | 3 páginas | 8 exercícios

Competências que desenvolve: comparar estilos de vida com comparativos de opinião e com *as...as*, usar advérbios de frequência com precisão e argumentar sobre hábitos saudáveis.

1. Completa com o comparativo correto

a) Walking to school is _____ (healthy) than taking the bus.

b) My cousin is very _____ (busy) on school days.

c) After sports I feel _____ (relaxed) than before.

d) This routine is _____ (good) than the old one.

e) Skipping breakfast is a _____ (bad) habit.

2. Completa com *as ... as* ou *not as ... as*

a) My brother gets up _____ early _____ I do.

b) I am _____ busy _____ you — I have free time.

c) She is _____ sporty _____ her sister.

3. Completa com a expressão de frequência correta

every day · twice a week · rarely · never

a) I go to the swimming pool _____ (mas não todos os dias).

b) He _____ eats breakfast — é um mau hábito.

c) We walk to school _____ .

d) I _____ play computer games — quase nunca.

4. Liga cada hábito a *saudável* ou *pouco saudável*

a) sleeping eight hours — ____ b) skipping breakfast — ____ c) drinking water — ____

d) staying up late every night — ____ 1) pouco saudável 2) saudável

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5. Lê o texto e responde às perguntas

Leo and Ana are both thirteen and they are best friends, but their routines are different. Leo gets up at seven and walks to school every day. He plays basketball twice a week and he is usually in bed by ten. Ana gets up later, takes the bus and sometimes skips breakfast. She studies every evening, so she is busier than Leo, but she sleeps less than him.

a) How does Leo go to school? → _____

b) How often does Leo play basketball? → _____

c) Why is Ana busier than Leo? → _____

d) Who sleeps less? → _____

6. Escolhe a opção correta

a) Her routine is _____ than mine. (healthier / more healthy / healthiest)

b) I don't get up as _____ as my father. (early / earlier / earliest)

c) He _____ the bus to school. (takes / takes by / by)

d) She is _____ tired to study. (too / much / very much)

7. Corrige as frases

a) My day is more busier than yours. → _____

b) I am not so tall as you. → _____

c) She goes always to bed at eleven. → _____

8. Compara a tua rotina com a do teu melhor amigo

a) What do you and your friend do differently?

b) Who is busier on school days? Why?

c) Which habit is healthier — yours or your friend's?

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Soluções

1. a) healthier b) busier c) more relaxed d) better e) worse

2. a) as … as b) not as … as c) not as … as

3. a) twice a week b) never c) every day d) rarely

4. a) 2 b) 1 c) 2 d) 1

5. a) He walks to school. b) Twice a week. c) Because she studies every evening. d) Ana sleeps less.

6. a) healthier b) early c) takes d) too

7. a) My day is busier than yours. b) I am not as tall as you. c) She always goes to bed at eleven.

8. Resposta pessoal. Exemplo: *My friend plays football every day and I only play twice a week. He is busier because he trains in the evening. I think my habit of sleeping eight hours is healthier.*

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