

My Daily Routine — Ficha

6.º Ano

Inglês

3 páginas

Vocabulário: wake up, get up, have breakfast, go to school, have lunch, do homework, have dinner, go to bed, take a shower, brush my teeth.

1. Vocabulary — Match the words with the definitions

a) _____ (to wash your body with water)

b) _____ (to stop sleeping)

c) _____ (to eat the first meal of the day)

d) _____ (to clean your teeth)

2. Put the actions in the correct order (1-8)

___ have dinner

___ wake up

___ go to school

___ have breakfast

___ go to bed

___ have lunch

___ do homework

___ take a shower

3. Complete the sentences

a) I _____ at 7 a.m. (stop sleeping) b) I _____ at 8 a.m. (first meal)

c) I _____ at 12:30 p.m. (midday meal) d) I _____ at 10 p.m. (go to sleep)

4. Answer the questions

a) What time do you wake up? _____ b) What do you have for breakfast? _____

c) How do you go to school? _____ d) What do you do after school? _____

5. Write T (True) or F (False)

a) I have breakfast at 12 p.m. → ____ b) I go to bed at 10 p.m. → ____

c) I take a shower every morning. → ____ d) I go to school by car. → ____

6. Write about your daily routine (5 sentences)

1. _____ 2. _____ 3. _____

4. _____ 5. _____

Soluções / Solutions

1. a) take a shower b) wake up c) have breakfast d) brush my teeth
2. 1-wake up, 2-take a shower, 3-have breakfast, 4-go to school, 5-have lunch, 6-do homework, 7-have dinner, 8-go to bed
3. a) wake up b) have breakfast c) have lunch d) go to bed
4. (Answers vary) e.g.: I wake up at 7 a.m. / I have breakfast at 8 a.m. / I go to school by bus / I do homework after school.
5. a) F (breakfast is in the morning) b) T c) T d) (Answers vary)
6. (Answers vary) e.g.: I wake up at 7 a.m. I have breakfast at 8 a.m. I go to school at 8:30 a.m. I have lunch at 12:30 p.m. I go to bed at 10 p.m.